



Area Agency On Aging

**Are you 60 or over and do
you need help due to
COVID 19?
NACOG's Area Agency on Aging
is here to help!**

We can help you with:

Meals delivered to your home,
In-home Care,
Housekeeping,
Access to Resources,
Medicare and Public Benefits
Counseling,
Long-Term Care Ombudsman and
Advocacy,
Caregiver Supports,
Health and Wellness,
Information and Referral Services,
and MORE!

**We thank our staff for working tirelessly
during this time of social distancing and
for making it possible for us to serve Older
Adults in Northern Arizona.**

Call us at 877-521-3500