

# IMPORTANT UPDATES TO YOUR FSA, HRA, AND HSA

## Care Act Coronavirus Legislation 3.0

There will be **no prescription requirement** for over-the-counter (OTC) products.

This is applicable to **FSA** (Flexible Spending Account), **HRA** (Health Reimbursement Account), and **HSA** (Health Savings Account) plans and applies for expenses incurred on or after **1/1/2020**. This provision is permanent and will not expire once the COVID-19 pandemic has ended.

As this new offering is immediately available, point of sale systems are actively being updated which may result in inconsistencies. When inconsistencies arise, you may need to file a claim for your OTC product purchases by completing the following:

- Submit through [www.myGilsbar.com](http://www.myGilsbar.com) or
- Contact Gilsbar's Customer Contact Center at **888-472-4352** for further assistance

### Dependent Care FSAs

With an influx of employees working from home, this greatly affects many people with children and their dependent care accounts. A significant change in cost of the dependent care is a qualifying event which allows members to make a mid-year change. Members have 30 days from the date of the change in status to make a midyear change to their dependent FSA.



For more information visit [www.Gilsbar.com/coronavirus](http://www.Gilsbar.com/coronavirus) or contact Gilsbar's Customer Contact Center at **888-472-4352**